ROOTS & RISE
CAFÉ

BREAKFAST MENU

PLANT-POWERED • FRESH • 100% VEGAN

SIGNATURE BREAKFASTS



Mediterranean Breakfast Wrap $8.95

Fresh hummus, spinach, cucumber, tomato, olives & mixed greens



Peanut Butter Banana Roll-Ups $6.95

Peanut butter, banana, hemp seeds, cinnamon & maple drizzle



Avocado Toast Box $9.95

Artisan sourdough, smashed avocado, cherry tomatoes & microgreens



House Salad Bowl $6.95

Lettuce, cherry tomatoes, onions, cucumber, cheese, bacon, house ranch dressing

SMOOTHIE BOTTLES

Berry Almond Protein Smoothie $7.95



Tropical Mango Smoothie $7.95



Chocolate Oat Protein Smoothie $8.50



COMBO DEALS

Power Breakfast Combo

$14.95

Any smoothie + wrap



Quick Bite Combo

$12.95

Roll-ups + bottled smoothie



ADD-ONS

- Protein Boost $2.00
- Extra Avocado $2.00
- Granola Crunch $1.00



Vegan • Dairy Free • Good Food. Good Energy. *Rooteled in Wellness.*

ROOTS & RISE

BRUNCH MENU

PLANT-POWERED. FRESH INGREDIENTS. BOLD FLAVORS. MADE FOR YOU.

COLD CLASSICS

Classic Italian — $12.95
Pepperoni (plant-based), Deli Slices, Lettuce, Tomato, Onion, Oil & Vinegar, Banana peppers, Garlic Aioli

Afr Schl Trky — $13.95
Trky (plant-based), Sliced Cheddar, Lettuce, Tomato, Onion, Ranch, Kettle chips

HomeStyle Roast Beef — $13.95
Roast Beef (plant-based), Sliced Cheddar, Lettuce, Tomato, Onion, Banana peppers, Mustard, Garlic Aioli



HOT & PRESSED

Crunchwrap — $12.95
Taco Beef (plant-based), Queso, Tostada, Garlic Aioli, Lettuce, Pico wrapped in Tortilla

Trky Rueben — $13.95
Trky (plant-based), Garlic Chz, Kraut, Pickles, Ketchup, Garlic Aioli

Pizza Grilled Chz — $13.95
Pepperoni (plant-based), Marinara, Garlic Chz, Garlic Aioli

Mashup Cuban — $13.95
Deli Slices, Roast Beef (plant-based), Garlic Chz, Pickles, Garlic Aioli, Mustard, Cumin

Beef & Cheddar — $13.95
Roast Beef (plant-based), Garlic Chz, Queso, Ketchup, Garlic Aioli



CHIPZ

Nacho — $9.95
Kettle Chips, Queso, Taco Beef (plant-based), Lettuce, Pico, Garlic Aioli

Buffalo — $9.95
Kettle Chips, Queso, Taco Beef (plant-based), Buffalo Sauce, Pickles, Ranch

House Chip — $9.95
Kettle Chips, Queso, Pico, Ranch

Spicy Shredded Chicken — $9.95
Kettle Chips, Chicken (plant-based), Pico, House Spicy Sauce



100% VEGAN | PLANT-POWERED | MADE WITH LOVE | NO COMPROMISE. JUST DELICIOUS.